

# Do You Ever Feel Hopeless?

## Psalm 88

### I. **Psalm 88 Shows Us the Reality of How Dark You Could Feel and How Long It Could Last – Even as a Believer**

- A. Don't Think It Could Never Happen to You
- B. Don't Assume It Will Always End Quickly

Psalm 88:15 "I have been afflicted and ready to die from my youth up..."

### II. **Psalm 88 Shows You How Genuine Faith Can Be Tested and Forged in the Dark**

- A. Look at How He Still Prays to God Even though He's Gotten No Answer
- B. Look at How He Prays Without Any Felt-Sense of God's Presence or Favor in His Life

### III. **The Darkness that We Have in Psalm 88 is Never the Last Word for Any Believer**

- Matthew 27:45-46